

| Location | Action | Total Distance | Leg Length | Leg Time |
|--|--|----------------|------------|----------|
| 2421 Monocacy Blvd Frederick MD | Turn Left on Monocacy Blvd and drive northwest | 0 ft | 13 ft | 0:00:00 |
| US 15 (N) & Monocacy Blvd (SE) | Turn right onto Catoctin Mountain Hwy (US 15) | 1.3 mi | 1.3 mi | 0:03:02 |
| Catoctin Mountain Hwy and Old Fredrick Road | Keep right onto Old Frederick Rd | 4.2 mi | 3.0 mi | 0:03:19 |
| Old Frederick Rd and Utica Rd | Turn left onto Utica Rd | 5.8 mi | 1.6 mi | 0:02:41 |
| Hessong Bridge Rd and Utica Rd | Turn right onto Hessong Bridge Rd | 6.8 mi | 1.1 mi | 0:02:32 |
| Hessong Bridge Rd and Blacks Mill Rd | Turn right onto Blacks Mill Rd | 9.2 mi | 2.4 mi | 0:05:11 |
| Hwy 550 and Longs Mill Rd and Blacks Mill Rd | Turn left onto Hwy 550 | 12.1 mi | 2.8 mi | 0:07:19 |
| Hwy 550 and Old Frederick Rd | Bear right onto Old Frederick Rd | 12.3 mi | 0.2 mi | 0:01:05 |
| Old Frederick Rd and Mud College Rd | Turn left onto Mud College Rd | 16 mi | 3.8 mi | 0:05:41 |
| Apples Church Rd and Mud College Rd | Continue straight | 17.2 mi | 1.2 mi | 0:03:17 |
| Mud College Rd becomes Orndorff Rd | Continue straight | | | |
| Old Kiln Rd and Orndorff | Turn left onto Old Kiln Rd | 18.7 mi | 1.4 mi | 0:03:25 |
| Roddy Rd and Old Kiln Rd | Turn left onto Roddy Rd | 20.3 mi | 1.6 mi | 0:03:11 |
| Roddy Creek Rd and Roddy Rd | Turn right onto Roddy Creek Rd. | 21.1 mi | 0.8 mi | 0:01:51 |
| Hwy 806 (Albert Staub Rd) and Roddy Creek Rd | Turn left onto Hwy 806 (Albert Staub Rd) | 21.5 mi | 0.4 mi | 0:01:01 |
| N Church St and Hwy 806 (Albert Staub Rd) | Turn right onto North Church | 22.5 mi | 1.0 mi | 0:02:37 |

Sheetz on right. Burger King on left. Your choice for bathroom. If you don't need gas or bathroom, continue another .3 miles and we will regroup at the High School on the right

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| Sabillasville Rd and Eylers Valley Flint Rd | Turn right onto Eylers Valley Flint Rd | 25.8 mi | 3.3 mi | 0:06:16 |
| Eylers Valley Flint Rd and Eylers Valley Rd | Turn left onto Eylers Valley Rd | 28.5 mi | 2.7 mi | 0:04:57 |
| Eylers Valley Rd and Hampton Valley Rd | Continue Straight | 28.8 mi | 0.3 mi | 0:00:42 |
| Hampton Valley Rd and Riffle Rd | Turn left onto Riffle Rd | 32.1 mi | 3.3 mi | 0:06:12 |
| Hornets Nest Rd and Riffle Rd | Turn Left Hornets Nest Rd | 32.6 mi | 0.5 mi | 0:01:38 |
| Hornets Nest Rd becomes Friends Creek Rd | Continue Straight | 34.7 mi | 2.1 mi | 0:05:10 |
| Friends Creek Rd and Friends Ln | Turn left onto Friends Creek Rd | 35.4 mi | 0.6 mi | 0:01:31 |
| Sunshine Trl and Eylers Valley Rd and Friends Creek Rd | Turn right onto Sunshine Trl | 37.1 mi | 1.7 mi | 0:04:30 |
| Sunshine Trl and Harbaugh Rd | Turn left onto Harbaugh Rd | 37.9 mi | 0.8 mi | 0:01:34 |
| Sabillasville Rd (550) and Harbaugh Valley Rd | Turn right onto Sabillasville Rd | 39.7 mi | 1.9 mi | 0:04:46 |
| Fork Sabillasville Rd (550) and Ft. Richie Rd | Bear Left onto Ft. Richie Rd | | | |
| Skunk Hollow Rd and Fort Ritchie Rd | Bear left onto Skunk Hollow Rd | 40 mi | 0.3 mi | 0:00:48 |
| Skunk Hollow Rd and Buck Lantz Rd | Turn right onto Buck Lantz Rd | 41.6 mi | 1.2 mi | 0:02:51 |
| Smithsburg Pike (Hwy 491) and Buck Lantz Rd | Turn left onto Smithsburg Pike (Hwy 491) | 42 mi | 0.4 mi | 0:01:06 |

Pull off on side of road by Apple Orchards

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| Raven Rock Rd and Smithsburg Pike (Hwy491) | Turn left onto Smithsburg Pike | 47.8 mi | 5.9 mi | 0:08:06 |
| Foxville Rd (Hwy 77) and Jefferson Blvd and Smithsburg Pike and S Main St | Turn left onto Foxville Rd (Hwy77) | 48.3 mi | 0.4 mi | 0:01:10 |
| Foxville Rd (Hwy 77) and Ramp to South Catoctin Mountain Hwy | Turn right onto South Catoctin Mountain Hwy ramp | 58.1 mi | 9.9 mi | 0:21:19 |
| Catoctin Mountain Hwy | Get on Catoctin Mountain Hwy and drive south | 58.5 mi | 0.4 mi | 0:00:36 |
| Catoctin Mountain Park | Turn Right into Catoctin Mountain Park | 61.1 mi | 2.6 mi | 0:02:38 |